

Month	Content	Performance Standards Addressed	Skills for Student Achievement	Assessment
September	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	Classroom (3 days) <ul style="list-style-type: none"> General information, benefits, terminology, recording Safety (2 days) <ul style="list-style-type: none"> Spotting, lifting Technique (2 days) <ul style="list-style-type: none"> Daily Daily workout rotations (13 days)	<ul style="list-style-type: none"> Observation Participation Recording
October	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	Continue rotations (18 days)	<ul style="list-style-type: none"> Observation Participation Recording
November	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	Classroom (1 day) <ul style="list-style-type: none"> Evaluation, reorganize, goal setting Continue rotations (18 days)	<ul style="list-style-type: none"> Observation Participation Recording
December	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	Continue rotations (16 days)	<ul style="list-style-type: none"> Observation Participation Recording
January	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	Continue rotations (12 days) Classroom (1 day) <ul style="list-style-type: none"> Evaluation Goal setting 	<ul style="list-style-type: none"> Participation Observation Recording
January (Semester 2)	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	Classroom (3 days) <ul style="list-style-type: none"> General information, benefits, terminology, recording Safety (2 days) <ul style="list-style-type: none"> Spotting, lifting Technique (2 days) <ul style="list-style-type: none"> Daily 	<ul style="list-style-type: none"> Participation Observation Recording
February	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	Continue rotations (18 days)	<ul style="list-style-type: none"> Participation Observation Recording
March	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	Classroom (1 day) <ul style="list-style-type: none"> Evaluation, reorganize, goal setting Continue rotations (19 days)	<ul style="list-style-type: none"> Participation Observation Recording
April	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	Continue rotations (20 days)	<ul style="list-style-type: none"> Participation Observation Recording
May	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	Continue rotations (19 days) Classroom (1 day) <ul style="list-style-type: none"> Evaluation, goal setting 	<ul style="list-style-type: none"> Participation Observations Recording