

Month	Content	Performance Standards Addressed	Skills for Student Achievement	Assessment
September	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	Soccer skills Football – flag skills Speedball Fitness testing Safety Activity games	<ul style="list-style-type: none"> • Observation • Participation • Written test
October	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	Football games Fitness testing Soccer games Tennis skills Tennis games Safety Activity games	<ul style="list-style-type: none"> • Observation • Participation • Written test
November	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	Volleyball skills Cross Country activity Badminton skills Badminton game Activity game	<ul style="list-style-type: none"> • Observation • Participation • Written test
December	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	Volleyball games Walking activity Weight lifting Hockey skills Safety	<ul style="list-style-type: none"> • Observation • Participation
January	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	Hockey games Basketball skills Basketball games Safety	<ul style="list-style-type: none"> • Observation • Participation • Written test
February	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	Large Group Games <ul style="list-style-type: none"> • Frisbee • Cage ball • Ball games • Tagging games • Basketball tourney 3-on-3 	<ul style="list-style-type: none"> • Observation • Participation
March	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	Self defense Shuffle board Ping pong Softball skills Fitness testing Activity games	<ul style="list-style-type: none"> • Observation • Participation
April	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	Softball games Golf skills Fitness testing Track skills	<ul style="list-style-type: none"> • Observation • Participation • Written test
May	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	Archery Softball games Track activity Walking activity Activity games	<ul style="list-style-type: none"> • Observation • Participation • Written test