

Physical Education – K-2nd
Physical Education – 3rd-4th
District 2853

Month	Content	Performance Standards Addressed	Skills for Student Achievement	Assessment
September October	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	<ul style="list-style-type: none"> • Fitness tests • Flag football – passing, receiving, deflagging, hand-off, lead-up, games, punting • Soccer – dribble, passing, trapping, lead-up, games, basic play • Game Days - Special 	<ul style="list-style-type: none"> • Participation • Skill tests • Observations • Worksheets
November December January	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	<ul style="list-style-type: none"> • Basketball – dribbling, passing, shooting, lead-up games • Racquet Skills (gr. 3) serve/hitting • Badminton (gr.4) – serve, clear, play modified • Volleyball – passing, serving, modified play • Hoops/juggling scarves • Station work • Special game days 	<ul style="list-style-type: none"> • Participation • Skill tests • Observations • Worksheets
February March	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	<ul style="list-style-type: none"> • Jump rope – single, partner, short/long Chinese • Scoop skills & games, toss, catch • Parachute • Station work • Special game days 	<ul style="list-style-type: none"> • Participation • Skill tests • Observations • Worksheets
April May	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	<ul style="list-style-type: none"> • Fitness Tests • Kickball • Spin Jammers • Softball – throw, catching, batting, games, positioning • Field Day • Special game days 	<ul style="list-style-type: none"> • Participation • Skill tests • Observations • Worksheets