

Physical Education – K-2nd
Physical Education – 5th & 6th District 2853
District 2853

Month	Content	Performance Standards Addressed	Skills for Student Achievement	Assessment
September October	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	<ul style="list-style-type: none"> • Fitness Tests • Flag football – passing, handoff, blocking, deflagging, punt, def/off, lead-up games • Soccer – dribble, pass, trapping, positioning, lead-up games • Archery – bracing, draw, shooting, scoring • Special game days 	<ul style="list-style-type: none"> • Participation • Skill tests • Observations • Worksheets
November December January	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	<ul style="list-style-type: none"> • Basketball – dribbling, passing, lay-up, shooting, def/off, 3-3, lead-up games • Volleyball – serve, pass, setting, modified games • Badminton – serve, clears, drop shots, strategy, modified games • Station work – eye/hand coordination, juggling • Special game days 	<ul style="list-style-type: none"> • Participation • Skill tests • Observations • Worksheets
February March	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	<ul style="list-style-type: none"> • Jump rope – skills, individual, partner, long-short ropes, Chinese • Scoop skills – toss, catch • Parachute – activities • Bowling • Special game days 	<ul style="list-style-type: none"> • Participation • Skill tests • Observations • Worksheets
April May	Physical Skill Knowledge Physical Activity Level of fitness Behavioral skills Intrinsic Value	All standards are a work in progress and are constantly being built on throughout the year.	<ul style="list-style-type: none"> • Fitness Tests • Spin Jammers • Kickball • Softball – skills/games • Kittenball • Archery • Field Day • Special game days 	<ul style="list-style-type: none"> • Participation • Skill tests • Observations • Worksheets